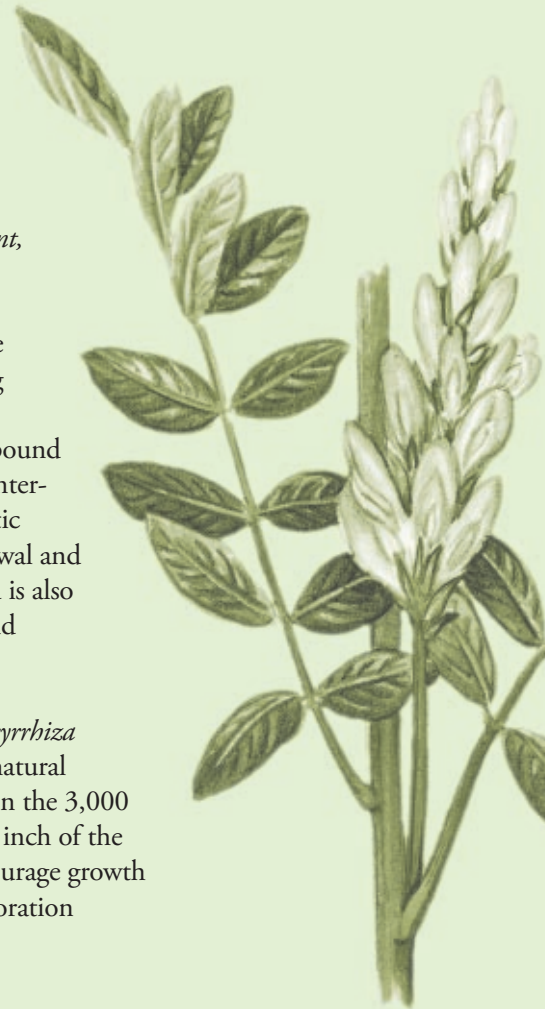


Treatment

Synergy's Acne Treatment Lotion contains powerful ingredients to support acne treatment, as well as overall skin health.

Salicylic Acid. A powerful active anti-acne ingredient proven to be effective in healing blemishes and preventing new breakouts. Salicylic acid is a naturally occurring compound found in some plants, like the leaves of winter-green and bark of sweet birch. Its keratolytic activity increases skin's natural rate of renewal and sloughs off dead surface cells. Salicylic acid is also credited with anti-microbial, antiseptic, and anti-aging properties.

Licorice Root Extract. Derived from *Glycyrrhiza glabra*, a member of the bean family, this natural extract helps control skin's oil production in the 3,000 sebaceous glands contained in each square inch of the facial skin. Licorice extract also helps discourage growth of harmful bacteria and reduce skin discoloration associated with acne scars.



Algae Extract and *Artemisia princeps* Leaf Extract. This marine-derived compound and natural plant extract smooth the skin and provide powerful antioxidant properties. Algae extract and *Artemisia princeps* leaf extract are anti-irritants and help reduce swelling and redness, as well as prevent the inflammatory effects of acne.

Retinol. Considered a skin revitalizer, retinol is beneficial in treating many dermatological disorders, including acne. It is necessary for normal epidermal growth and helps increase cell turnover, so that dull surface cells are shed more quickly and evenly. The penetration and absorption ability of this vitamin A derivative allow it to reach the sites in the skin requiring treatment.

Zinc PCA. Described as an oligoelement, trace element, or micronutrient, zinc has a synergistic effect in providing beneficial, skin-protective properties. Zinc PCA is multi-functional in acne treatment since it helps lower oil secretion in the skin, as well as helping to prevent the growth of harmful bacteria.

Benefits:

- Clears current blemishes and helps prevent future breakouts.
- Formulated with Barrier Restoration Technology to help repair the skin's natural protective lipid barrier.
- Includes essential vitamins and botanical extracts to provide natural skin-nourishing benefits.

Application. After washing the face with *Delicate Face Cleanser*, apply a thin layer of lotion evenly over the face until completely absorbed. Follow with moisturizer as needed. Use morning and evening.

For more information, contact your local distributor.



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There is a better way...

Clear skin can be yours.

Acne is one of the most common skin disorders, affecting people of all races and ages.

Acne doesn't just affect teenagers. We know that almost 90% of adolescents and nearly 50% of adults suffer from some form of acne. For most people acne tends to go away by the time they reach adulthood, however this isn't true for everyone. The good news is acne is a skin condition that can be treated effectively.

Recent research has shown that a comprehensive approach to treating acne provides the best results. Incorporating a regimen of topical treatment, diet, and nutritional supplements helps heal acne and promote normal skin function.

Combining Synergy's *Acne Treatment Lotion* with a healthy diet and Synergy's nutritional supplements is ideal acne therapy. Acne starts developing below the skin two to three weeks before blemishes actually appear. Eliminating acne requires a dual approach: *prevention* and *treatment*.



Prevention

Diet. Contrary to popular opinion, the foods you eat do affect your skin. Eating a healthy, well-balanced diet is without doubt better for your body – inside and out.

- Skin-cleaning foods include essential fatty acids, high-quality proteins, and fresh fruits and vegetables (the brightly colored varieties are rich in antioxidant and anti-inflammatory properties)
- Foods to avoid include sweets, processed carbohydrates, and saturated or trans fats
- Drink 8-10 glasses of water every day

Supplements. Nutritional supplements can have a profound effect in treating acne. These vital nutrients provide balance and support for skin and immune system health.

- Multiple vitamin and mineral supplements that include vitamins A, C, E, B-5 and minerals such as zinc, calcium, magnesium, chromium, and selenium (*VitaPak and NutriBurst*)
- Alkylglycerols from shark liver oil (*Body Guard*)
- Morinda citrifolia (*Noni Supreme*)
- Fulvic acid, essential and trace minerals (*SyneMax*)

Synergy's Acne Treatment Lotion targets the five most common concerns associated with acne:

1. Unclogs Pores



Skin cells called keratinocytes build up in the opening of the follicle commonly called a pore.



Salicylic acid and Retinol increase cell renewal and slough off dead skin cells, unclogging pores.

2. Controls Oil Production



Blocked pores prevent sebum, an oily substance made by the sebaceous glands, from emptying onto the skin surface through the opening of the follicle.

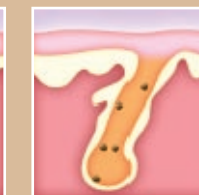


Licorice extract helps block enzymes in the skin that produce excess sebum, controlling skin's natural oil production.

3. Discourages harmful bacteria



Excess oil and dead skin cells block the pore and allow bacteria to grow in the plugged follicle.



Licorice extract, along with Zinc PCA, discourage and help eliminate bacteria, while promoting beneficial bacteria.

4. Reduces redness and inflammation



Bacteria produces chemicals and enzymes and attract white blood cells that cause inflammation.



Algae extract and *Artemisia princeps* leaf extract calm and soothe, reducing redness and inflammation.

5. Promotes Healing.

The combination of dead skin cells, excess sebum, and bacteria combine to create acne. Synergy's *Acne Treatment Lotion* treats each symptom and allows skin to heal.